ROLY POLY

the original

Rolled Sandwiches • Soups • Salads

Now Serving

ROLY YO

Tart Frozen Yogurt

non-fat low calorie

1360 Montgomery highway
Vestavia, Al 35216
(205)822-3362
Fax (205) 822-3546
Mon - Sun 9am to 9pm

Local Delivery • Casual Catering

OrderRolyPoly.com

Serving Sandwich Lovers Since 1997

Franchise Opportunities
www.RolyPoly.com

Hot Pressed

Toasted golden brown to melt the cheese & heat the ingredients inside

Call Ahead or Order Online for Quick Pick Up & Delivery

Sandwich, Soup & Salad specials listed daily at OrderRolyPoly.com

Cold Rolled

Premium meats, cheeses, market fresh vegetables & original dressings all rolled in fresh soft tortillas

Sliced Chicken — Half $3.95 Whole $6.50

#28 SANTA FE CHICKEN 304/608 People's Choice
Sliced chicken breast, melted jalapeño jack cheese, plum tomatoes, onion, ranch dressing, grilled golden brown, with a side of salsa

#36 CHICKEN FAJITA 316/632
Sliced chicken breast, melted cheddar cheese, plum tomatoes, onion, green pepper, fajita sauce, grilled golden brown, with a side of salsa

#37 CHICKEN CORDON BLEU 308/616
Sliced chicken breast, Black Forest ham, melted Swiss cheese, plum tomatoes, mushrooms, fresh basil mayo, grilled golden brown, with a side of spicy honey mustard

#52 HICKORY CHICKEN 348/696
Sliced chicken breast melted cheddar cheese, onion, mushrooms, bacon, barbeque sauce, grilled golden brown, with a side of ranch dressing

#53 CHICKEN POPPER 284/568 Lower Fat!
Sliced chicken breast, lite cream cheese, plum tomatoes, onion, sliced jalapeños, fat free ranch dressing, grilled golden brown, with a side of salsa

#55 PESTO CHICKEN 322/644
Sliced chicken breast, melted provolone cheese, onion, mushrooms, sundried tomatoes, pesto sauce, grilled golden brown, with a side of ranch dressing

#65 BUFFALO SLIM 271/542 Lower Fat!
Sliced chicken breast, melted reduced fat cheddar cheese, plum tomatoes, mushrooms, onion, spicy wing sauce on a whole wheat tortilla, grilled golden brown, with a side of fat free ranch dressing

#72 BUFFALO CHICKEN MELT 335/670
Sliced chicken breast, melted cheddar cheese, plum tomatoes, onion, mushrooms, spicy wing sauce, grilled golden brown, with a side of ranch dressing

#26 CHICKEN COBB ROLL 335/670
Sliced chicken breast, crumbled bleu cheese, bacon, avocado, leaf lettuce, plum tomatoes, spicy honey mustard

#27 CHICKEN CAESAR 309/618
Sliced chicken breast, Swiss cheese, sundried tomatoes, avocado, leaf lettuce, creamy Caesar dressing

#29 CATALINA CHICKEN 315/630
Fresh basil chicken salad, cheddar cheese, bacon, leaf lettuce, plum tomatoes, avocado, alfalfa sprouts

#30 BASIL CASHEW CHICKEN 298/596 People's Choice
Fresh basil chicken salad, cashews, spicy Thai sauce, leaf lettuce, plum tomatoes, avocado, alfalfa sprouts

#31 DELHI CHICKEN 326/652
Curried chicken salad, Swiss cheese, bacon, leaf lettuce, avocado, pineapple, alfalfa sprouts, mango chutney

#48 ORIENTAL CHICKEN 269/538 Lower Fat!
Sliced chicken breast, leaf lettuce, plum tomatoes, alfalfa sprouts, cucumber, carrots, green pepper, mango chutney, sesame dressing

Turkey Breast — Half $3.95 Whole $6.50

#13 HOT HONEY 299/598 People's Choice
Smoked turkey breast, melted jalapeño jack cheese, bacon, sundried tomatoes, baby spinach, grilled golden brown, with a side of spicy honey mustard

#38 HICKORY CRISTO 298/596
Smoked turkey breast, melted Swiss & imported brie cheese, baby spinach, plum tomatoes, mushrooms, grilled golden brown, with a side of fresh dill horseradish sauce

#39 TURKEY APPLEJACK 319/638
Turkey breast, melted jack cheese, apple butter, bacon, onion, mushrooms, fresh basil mayo, grilled golden brown, with a side of spicy honey mustard

#61 CIDER HOUSE MELT 243/486 Lower Fat!
Smoked turkey breast, Black Forest ham, melted reduced fat Swiss cheese, baby spinach, mushrooms, onion, on a whole wheat tortilla, grilled golden brown, with a side of fat free apple ranch dressing

#9 THANKSGIVING 285/570
Turkey breast, cranberry sauce, cornbread stuffing, onion, leaf lettuce, fresh basil mayo

#10 CALIFORNIA TURKEY 328/656
Turkey breast, cheddar cheese, bacon, scallions, leaf lettuce, plum tomatoes, avocado, alfalfa sprouts, mango chutney, ranch dressing

#11 WILD TURKEY 278/556
Turkey breast, cream cheese, cucumber, green pepper, baby spinach, leaf lettuce, plum tomatoes, creamy Italian dressing

#12 SMOKEHOUSE TURKEY 323/646 People's Choice
Smoked turkey breast, jack cheese, bacon, leaf lettuce, plum tomatoes, avocado, scallions, spicy honey mustard

#49 ITALIAN TURKEY 329/658
Turkey breast, cream cheese, baby spinach, plum tomatoes, sundried tomatoes, onion, artichoke hearts, roasted red peppers, fresh basil Italian dressing

#51 TUSCAN TURKEY 219/438 Lower Fat!
Smoked turkey breast, baby spinach, plum tomatoes, roasted red peppers, onion, artichoke hearts, fat free sundried sundried tomato basil dressing

#77 GREEK TURKEY 268/536 Lower Fat!
Turkey breast, baby spinach, plum tomatoes, onion, sliced banana peppers, roasted red peppers, Kalamata olives, lite feta sundried tomato basil dressing, on a whole wheat tortilla

#140 PESTO TURKEY CLUB 376/752
Turkey breast, provolone cheese, bacon, avocado, leaf lettuce, plum tomatoes, pesto mayo

Roast Beef & Steak — Half $4.20 Whole $6.75

#18 PHILLY MELT 278/556 People's Choice
Roast beef, melted jack & cheddar cheese, onion, mushrooms, green pepper, grilled golden brown, with a side of barbeque ranch dressing

#19 STEAK FAJITA 316/632
Sliced grilled sirloin steak, melted cheddar cheese, plum tomatoes, onion, green pepper, fajita sauce, grilled golden brown, with a side of salsa

#20 SANTA FE STEAK 327/654
Sliced grilled sirloin steak, melted jalapeño jack cheese, plum tomatoes, onion, ranch dressing, grilled golden brown, with a side of salsa

#96 CHIPOTLE CHEESESTEAK 345/690 People's Choice
Sliced grilled sirloin steak, melted cheddar & jalapeño jack cheese, onion, mushrooms, green pepper, mild chipotle ranch dressing, grilled golden brown, with a side of salsa

#14 PEPPER STEAK 268/536
Roast beef, cheddar cheese, leaf lettuce, plum tomatoes, onion, green peppers, horseradish sauce

#15 RANCH ROAST 321/642
Roast beef, mild garlic cheese spread, bacon, leaf lettuce, plum tomatoes, sundried tomatoes, ranch dressing

#17 JALAPEÑO BARBEQUE 313/626
Roast beef, jalapeño jack cheese, sliced jalapeños, leaf lettuce, plum tomatoes, onion, roasted red peppers, barbeque basil mayo

Ham & Smoked Pork — Half $3.95 Whole $6.50

#23 KEY WEST CUBAN 328/656 People's Choice
Smoked pork tenderloin, Black Forest ham, turkey breast, melted Swiss & American cheese, leaf lettuce, plum tomatoes, dill pickle slices, onion, grilled golden brown, with a side of spicy honey mustard

#25 PEACHTREE MELT 309/618
Black Forest ham, melted Swiss & imported brie cheese, peaches & pepper relish, grilled golden brown, with a side of fresh dill horseradish sauce

#41 BARBEQUE PORK MELT 310/620
Smoked pork tenderloin, melted cheddar & jalapeño jack cheese, bacon, barbeque sauce, onion, grilled golden brown, with a side of ranch dressing

#21 ITALIAN CLASSIC 334/668
Black Forest ham, Genoa salami, provolone cheese, leaf lettuce, plum tomatoes, artichoke hearts, roasted red peppers, onion, creamy Italian dressing

#24 PORKY'S NIGHTMARE 319/638
Smoked pork tenderloin, Black Forest ham, bacon, cheddar & Swiss cheese, leaf lettuce, plum tomatoes, onion, spicy honey mustard

#116 SOUTHSIDE CLUB 367/734
Black Forest ham, turkey breast, cheddar cheese, bacon, leaf lettuce, plum tomatoes, mayo, mustard

Tuna Salad — Half $3.95 Whole $6.50

#40 TEXAS TUNA MELT 309/618
Tuna salad, melted jalapeño jack cheese, barbeque sauce, onion, bacon, avocado, grilled golden brown, with a side of ranch dressing

#117 CLASSIC TUNA MELT 338/676 People's Choice
Tuna salad, melted cheddar cheese, bacon, plum tomatoes, grilled golden brown, with a side of spicy honey mustard

#32 TUNA LUAU 324/648
Tuna salad, Swiss cheese, bacon, leaf lettuce, avocado, pineapple, spicy honey mustard

#33 THAI HOT TUNA 338/676
Tuna salad, cheddar cheese, spicy Thai sauce, leaf lettuce, plum tomatoes, avocado, alfalfa sprouts, mango chutney

#60 POPEYE'S TUNA 308/616 Lower Fat!
Tuna salad with lite dill dressing, reduced fat Swiss cheese, baby spinach, plum tomatoes, onion, dill pickle slices, on a whole wheat tortilla

Vegetable — Half $3.95 Whole $6.50

#7 FRENCH TWIST 254/508
Melted Swiss & imported brie cheese, baby spinach, plum tomatoes, mushrooms, scallions, grilled golden brown, with a side of spicy honey mustard

#42 VEGGIE FAJITA 239/478
Melted cheddar & jalapeño jack cheese, baby spinach, plum tomatoes, mushrooms, onion, green pepper, fajita sauce, grilled golden brown with a side of salsa

#43 SPINACH STUFFER 232/464
Melted Swiss & cheddar cheese, baby spinach, plum tomatoes, cornbread stuffing, mushrooms, onion, grilled golden brown, with a side of spicy honey mustard

#3 MONSTER VEGGIE 285/570 People's Choice
Jack & Swiss cheese, leaf lettuce, plum tomatoes, avocado, carrots, cucumber, green pepper, mushrooms, baby spinach, alfalfa sprouts, lite dill dressing

#6 CALIFORNIA HUMMER 305/610
Roasted red pepper hummus, provolone cheese, leaf lettuce, plum tomatoes, avocado, carrots, cucumber, green pepper, alfalfa sprouts, creamy Caesar dressing

#8 ITALIAN VEGGIE 255/510
Provolone cheese, sundried tomatoes, artichoke hearts, leaf lettuce, plum tomatoes, roasted red peppers, onion, creamy Italian dressing

#46 ULTIMATE VEGGIE 180/360 Lower Fat!
Leaf lettuce, plum tomatoes, baby spinach, alfalfa sprouts, carrots, cucumber, mushrooms, green pepper, artichoke hearts, roasted red peppers, onion, fat free ranch dressing

#47 NUT & HONEY 341/682
Cream cheese, raisins, sunflower seeds, cashews, leaf lettuce, baby spinach, plum tomatoes, carrots, avocado, alfalfa sprouts, spicy honey mustard

Signature Salads

A nutritious combination of garden fresh produce, premium meats, cheeses, dried fruits & nuts served with our special recipe dressings

Spa Salad 255 **Lower Fat!** $6.25
Mixed greens, plum tomatoes, green pepper, cucumber, carrots, mushrooms, avocado, walnut pieces, dried cranberries, alfalfa sprouts, side of balsamic vinaigrette
(Add sliced chicken breast for an extra $1.25) (CAL 365)

Greek Salad 168 $6.75
Mixed Greens, plum tomatoes, crumbled Feta cheese, Kalamata olives, sliced banana peppers, cucumber, green pepper, carrots, onion, side of balsamic vinaigrette

Alpine Chef 317 **Lower Fat!** $7.25
Mixed greens, roasted turkey breast, Black Forest ham, reduced fat Swiss & cheddar cheese, plum tomatoes, green pepper, cucumber, carrots, alfalfa sprouts, side of ranch dressing

Brown Derby Cobb 457 $7.25
Mixed greens, sliced chicken breast, bacon, crumbled bleu cheese, avocado, plum tomatoes, side of spicy honey mustard dressing

Walnut Spinach Salad 420 $7.25
Baby spinach, walnut pieces, crumbled bleu cheese, chopped bacon, avocado, mushrooms, sundried tomatoes, side of spicy honey mustard

Chipotle Caesar Salad 521 $7.25
Mixed greens, sliced chicken breast, avocado, jalapeño jack cheese, croutons, sundried tomatoes, side of creamy chipotle Caesar dressing

Las Olas Chicken or Tuna Salad 293/254 $7.25
Mixed greens, fresh basil chicken salad or tuna salad with lite dill dressing, plum tomatoes, carrots, cucumber, green pepper, alfalfa sprouts, side of ranch dressing

Roll Your Own

Half Size $3.95 Whole Size $6.50

Choose Fresh Flour or Whole Wheat Tortilla, Cold Rolled or **Hot Pressed**

MEATS: Choose 1 or 2
Turkey Breast, Smoked Turkey Breast, Black Forest Ham, Smoked Pork Tenderloin, Genoa Salami, Sliced Chicken Breast, Fresh Basil Chicken Salad, Curried Chicken Salad, Tuna Salad, Bacon, Roast Beef or Sliced Grilled Sirloin Steak (Add $.25)

CHEESES: Choose 1 or 2
American, Cheddar, Monterey Jack, Jalapeño Jack, Imported Brie, Swiss, Provolone, Cream Cheese, Crumbled Bleu Cheese, Crumbled Feta Cheese, Reduced Fat Cheddar, Reduced Fat Swiss

VEGETABLES, FRUITS & NUTS: Your Choice
Leaf Lettuce, Plum Tomatoes, Avocado, Onion, Green Pepper, Mushrooms, Carrots, Cucumber, Alfalfa Sprouts, Baby Spinach, Dill Pickle Slices, Sliced Banana Peppers, Sliced Jalapeños, Chopped Scallion, Sundried Tomatoes, Artichoke Hearts, Roasted Red Peppers, Kalamata Olives, Pineapple Chunks, Raisins, Dried Cranberries, Red Pepper Hummus, Cornbread Stuffing, Cashews, Sunflower Seeds, Walnut Pieces, Cranberry Sauce, Peanut Butter, Jelly

DRESSINGS: Your Choice
Mayo, Fat Free Mayo, Basil Mayo, Spicy Honey Mustard, Dijon Mustard, Yellow Mustard, Spicy Thai Sauce, Caesar, Creamy Italian, Sesame, Lite Dill ranch, Fat Free Ranch, Chipotle Ranch, Fat Free Sundried Tomato Basil, Balsamic Vinaigrette, Mango Chutney, Horseradish Sauce, Barbeque Sauce, Salsa, Apple Butter

Original Recipe Soups

8oz. cup $3.25 12oz. bowl $4.25
32oz. quart $12.95

Visit OrderRolyPoly.com for today's choices

Soups are selected daily from the following list:

Harvest Mushroom •Roasted Garlic Tomato •Loaded Baked Potato
Garden Vegetable •Broccoli & Cheese •Old Fashioned Chicken Noodle
Corn & Green Chili Bisque •Baja Chicken Enchilada •Beef Chili w/Beans

Beverages and Sides

We offer a variety of Coca-Cola products, premium drinks and bottled water

We offer a selection of Frito Lay chips, pasta or potato salad and fresh baked cookies

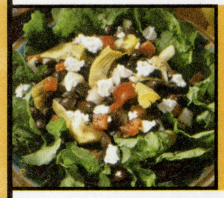
Children's Menu

A mini Roll Up, choice of side & a small drink $2.95
Roll Up only $1.95
Peanut Butter & Jelly (CAL 252)
Grilled Cheese (CAL 215) **Tuna Salad** (CAL 215)
Turkey & Cheese (CAL 205) **Chicken Melt** (CAL 191)

Meetings, Events & Parties

From casual gatherings to a business meeting or working lunch, our promise is delicious food, timely service & attention to detail

Advance notice is always appreciated



Signature Salad Platters

Our innovative salads are perfect as a side dish or a lighter alternative for a nutritious meal

Each Salad serves 5 - 10

Deluxe Spa Salad	$32.95
Greek Salad	$34.95
Walnut Spinach Salad	$36.95
Brown Derby Cobb	$36.95
Chipotle Chicken Caesar	$36.95
Las Olas Salad Platter	$34.95

Potato or Pasta Salad 16oz. $5.95 32oz. $10.25
Cookie Platter (Serves 10-12) $12.25

Sandwich Platters

$36.95

Our sandwich platters consist of 5 sandwiches cut in quarters. Each platter serves from 5 hungry eaters to 10 lighter appetites

Best Sellers
#3 Monster Veggie
#10 California Turkey
#12 Smokehouse Turkey
#15 Ranch Roast
#30 Basil Cashew Chicken

Heavy Duty
#10 California Turkey
#24 Porky's Nightmare
#29 Catalina Chicken
#49 Italian Turkey
#116 Southside Club

Hot Stuff
#17 Jalapeño Barbeque
#30 Basil Cashew Chicken
#31 Delhi Chicken
#33 Thai Hot Tuna
#49 Italian Turkey

The Wild Side
#11 Wild Turkey
#15 Ranch Roast
#21 Italian Classic
#33 Thai Hot Tuna
#47 Nut & Honey

All American
Turkey & Swiss
Smoked Turkey & Jack
Ham & American
Roasted Beef & Provolone
Chicken Salad & Cheddar

Just Veggies
#3 Monster Veggie
#6 California Hummer
#8 Italian Veggie
#46 Ultimate Veggie
#47 Nut & Honey

Custom Platter

Your 5 Favorite Cold Roll Ups

The Works from $8.75 per person

(Minimum of 8 people)

Includes sandwich platters, chips or side, fresh baked cookies & drinks

Group Box Lunches

Conveniently packaged for your group on the go

Your choice of cold rolled sandwich, side & fresh baked cookie

Half Sandwich $6.75 Whole Sandwich $9.50

Ingredients may contain or come in contact with common allergens.
Prices subject to change.